国立競技場第１体育館・アリーナ席

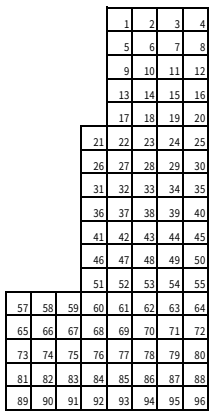
２０００．０４．１５改訂

ステージ

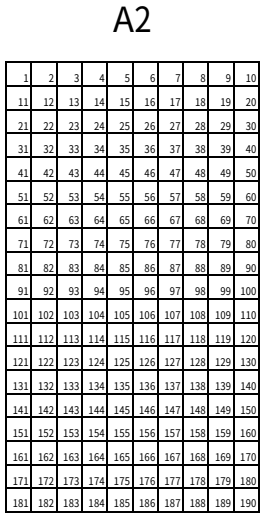
ステージは、床がＡブロック
より２m程高くなってます。
客席の先頭からステージまでは、約５m弱あります。

× ネスター立ち位置（笑）

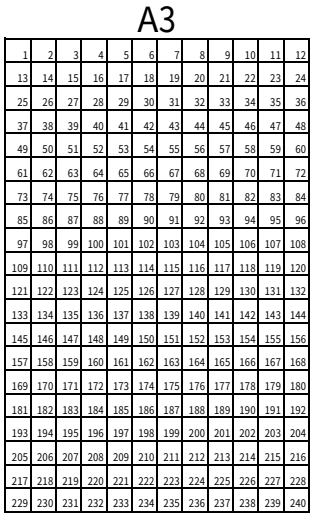
A1



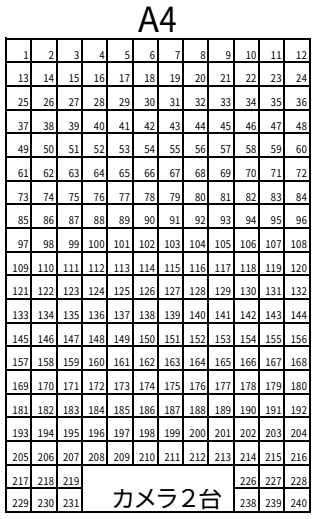
A2



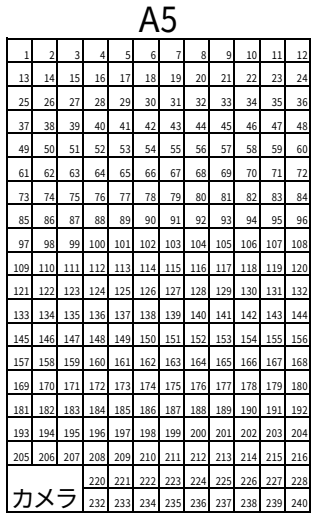
A3



A4



A5



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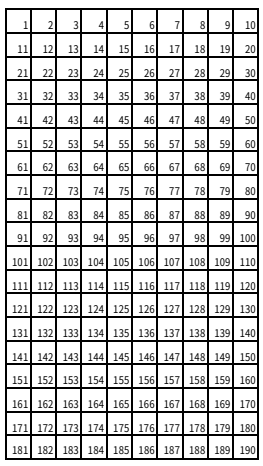

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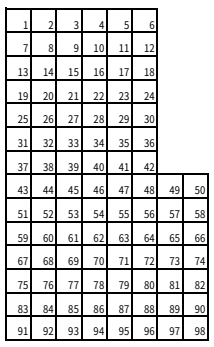

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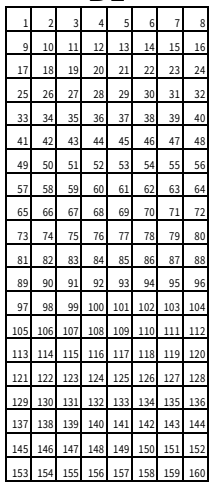

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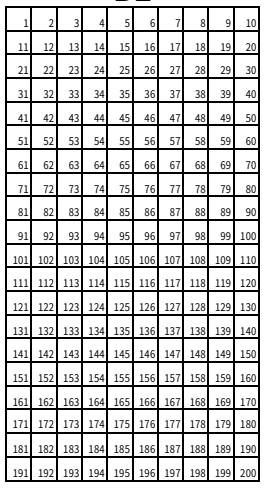

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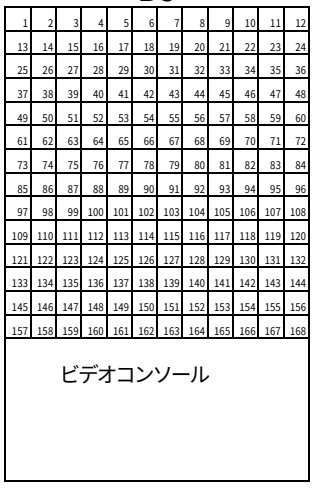

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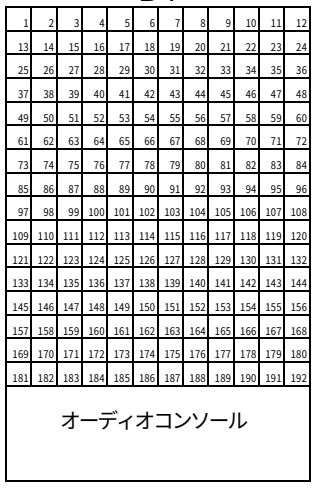

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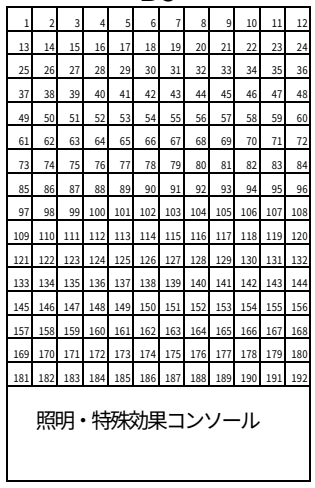

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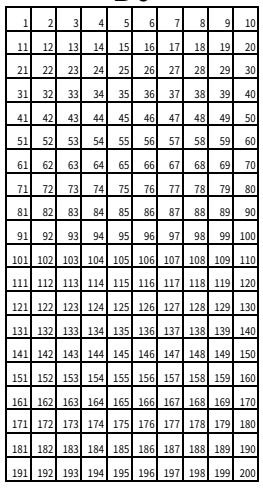

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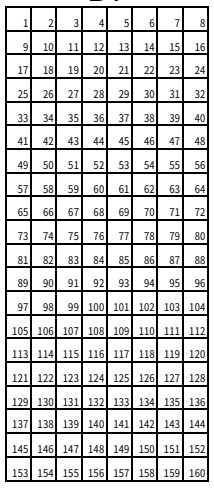
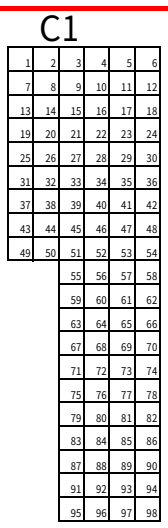


C1



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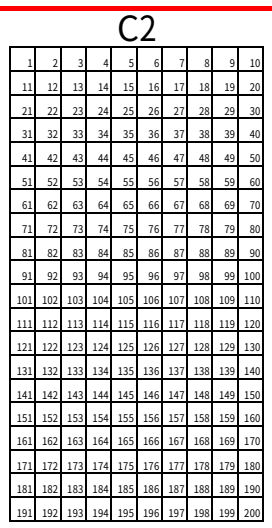

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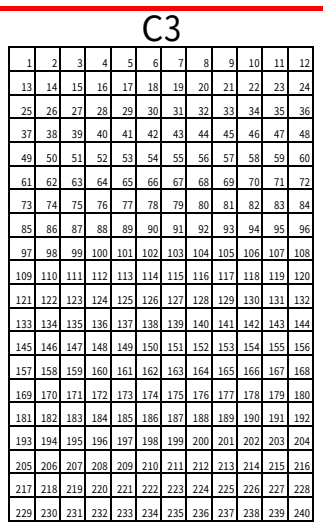

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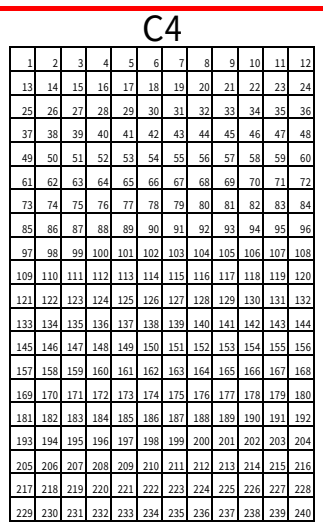

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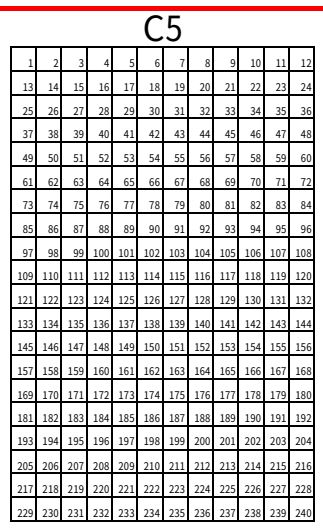

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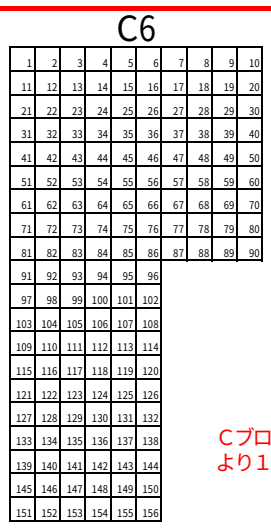

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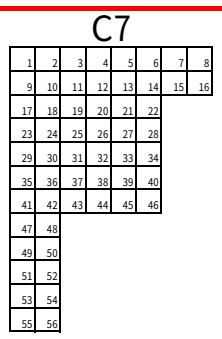
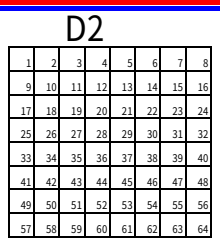
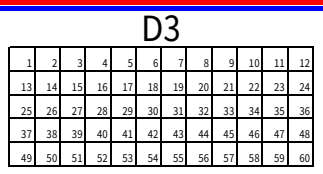


Ｃブロックは、床がＢブロック
より１０ｃｍ程高くなってます。

D2

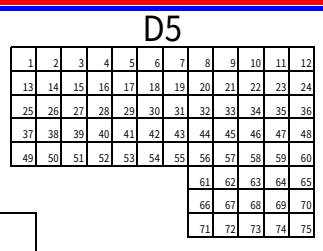


D3

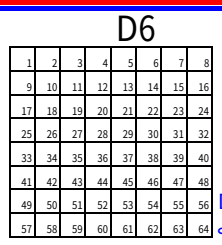


飛び込み台

D5



D6



Ｄブロックは、床がＣブロック
より２５ｃｍ高くなってます。